

McMan Calgary & Area delivers more than 20 programs that support the healthy development and well-being of children, youth and families. Each year, we evoke positive changes in the lives of more than 2,400 individuals in our core service areas of:

- Youth Homelessness and Housing Supports
- Youth Transitional Support Services
- Supports for Youth and Families Affected by Fetal Alcohol Spectrum Disorder (FASD)
- Family and Caregiver Supports
- Supports for Families with Children with Disabilities



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**Parent-Child
Assistance Program
(P-CAP & P-CAP Rural)**



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P-CAP and P-CAP Rural support the development and maintenance of healthy family lives. The voluntary program aids to prevent further births of alcohol/drug exposed children.

P-CAP is accessible to women in Calgary. P-CAP Rural is accessible to women in the communities of Willow Creek, Vulcan and the Municipal District of Foothills.

Approach

P-CAP and P-CAP Rural serves mothers with a history of alcohol/drug abuse who are at risk of giving birth to a child affected by fetal alcohol spectrum disorder (FASD)¹. Over the course of 3 years, mothers are assisted with:

- Setting achievable goals
- Gaining access to alcohol and/or drug treatment
- Staying in recovery
- Choosing effective family planning
- Accessing child health care and immunization
- Connecting to community services
- Obtaining support for issues related to domestic violence, housing and child custody

The P-CAP and P-CAP Rural program serves over 70 women per year. As a result of the program, over 95% of women have secured stable housing for their families, over 75% use effective contraceptive methods and over 70% abstain from alcohol/drug usage.

¹ FASD is an umbrella term that is used to denote an array of developmental, physical, learning and behavioural conditions. For more information, visit: www.mycfan.ca

Program Intake

Women who are pregnant, or up to 6 months postpartum, and have used alcohol/drugs during their pregnancy. For program intake, call (403) 590-3285.

Referrals may come from:

SELF

COMMUNITY AGENCIES

OTHER PROGRAM PARTICIPANTS

CHILD & FAMILY SERVICES

This program is funded by:

Alberta Human Services

