

McMan Calgary & Area delivers more than 20 programs that support the healthy development and well-being of children, youth and families. Each year, we evoke positive changes in the lives of more than 2,400 individuals in our core service areas of:

- Youth Homelessness and Housing Supports
- Youth Transitional Support Services
- Supports for Youth and Families Affected by Fetal Alcohol Spectrum Disorder (FASD)
- Family and Caregiver Supports
- Supports for Families with Children with Disabilities



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**Milestones**

McMan Calgary & Area  
#80, 6712 Fisher Street SE  
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The Milestones program provides behavioural and developmental aide support to families who have a child with a developmental disability.

### Approach

Serving over 150 families per year, the Milestones program provides strategies, resources and education to effectively parent a child with a developmental disability. This enables families to increase parenting capacity, family cohesion and community support. Resources are made accessible to these families in the areas of:

- Behavioural consultation
- Child developmental education
- Individual and family counseling
- Community inclusion support
- Parenting workshops
- Support with future planning and transitioning to adulthood

Over 95% of families have reported an increased understanding of their child's behaviour, over 85% possess an improved understanding of community inclusion, and over 80% have developed their ability to communicate with their child, as well as enhanced their capacity to keep their child in their care.

### Program Intake

Children, between the ages of 0 -17 with a developmental disability diagnosis, and their respective families who have Family Support for Children with Disabilities (FSCD) program funding. For program intake, call (403) 508-7733.

Referrals may come from:

COMMUNITY

FAMILIES

SELF

OTHER CALGARY AGENCIES

FSCD WORKER

CHILD & FAMILY SERVICES

This program is funded by:

Alberta  Human Services