

McMan Calgary & Area delivers more than 20 programs that support the healthy development and well-being of children, youth and families. Each year, we evoke positive changes in the lives of more than 2,400 individuals in our core service areas of:

- Youth Homelessness and Housing Supports
- Youth Transitional Support Services
- Supports for Youth and Families Affected by Fetal Alcohol Spectrum Disorder (FASD)
- Family and Caregiver Supports
- Supports for Families with Children with Disabilities



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## Fetal Alcohol Spectrum Disorder (FASD) Services



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McMan Calgary & Area delivers targeted services that provide support to youth and young adults affected by FASD.

Fetal alcohol spectrum disorder (FASD\*) refers to a complex range of brain injuries that can result from prenatal alcohol exposure.

### FASD Housing Program

The FASD housing program provides supportive housing for youth exiting the justice system who have been diagnosed with, or are suspected of FASD. Program objectives are to provide these youth with safe and stable community based living environments and to support them in developing new life skills to successfully transition to independence and reduce the likelihood of re-offending.

### Program Intake

Youth, between the ages of 12 – 18, diagnosed with, or suspected of, FASD and who have youth justice involvement.

For program intake call, (403) 508-0807.

Referrals may come from:

CALGARY YOUNG OFFENDER CENTRE (CYOC)

PROBATION OFFICERS

SCHOOLS

COMMUNITY

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This program is funded by:

### FASD Mentorship, Advocacy, Partnership, Support (MAPS)

FASD MAPS is an advocacy program that supports youth and their respective families or caregivers. FASD MAPS is a partnership program with Renfrew Educational Services, Hull Services and Woods Homes.

### Approach

The FASD MAPS program provides individuals with access to suitable resources that address their needs. Support in a variety of areas includes:

- Education and employment
- Probation and/or justice system navigation
- Behaviour management strategies
- Daily living skills
- Family support

### Program Intake

Youth, between the ages of 13 – 21, who have FASD. For program intake, call (403) 508-7733.

Referrals may come from:

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### Youth and Adult Action Club (YAAC)

YAAC provides a safe environment, for both youth and young adults who have FASD, to learn about FASD and understand how it impacts daily living.

### Approach

Utilizing a peer support group model, participants are encouraged to focus on relationships and positive interaction.

Support sessions include:

- Art and recreational activities
- Peer experience sharing
- Opportunities for community inclusion

### Program Intake

Individuals aged 13+ who have FASD. For program intake, call (403) 508-7751.

Referrals may come from:

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